

Kingston & Wolfe Island

CYCLING ITINERARY

ONTARIO
Yours to discover



EXPERIENCE RATING
EASY/MODERATE

A → B

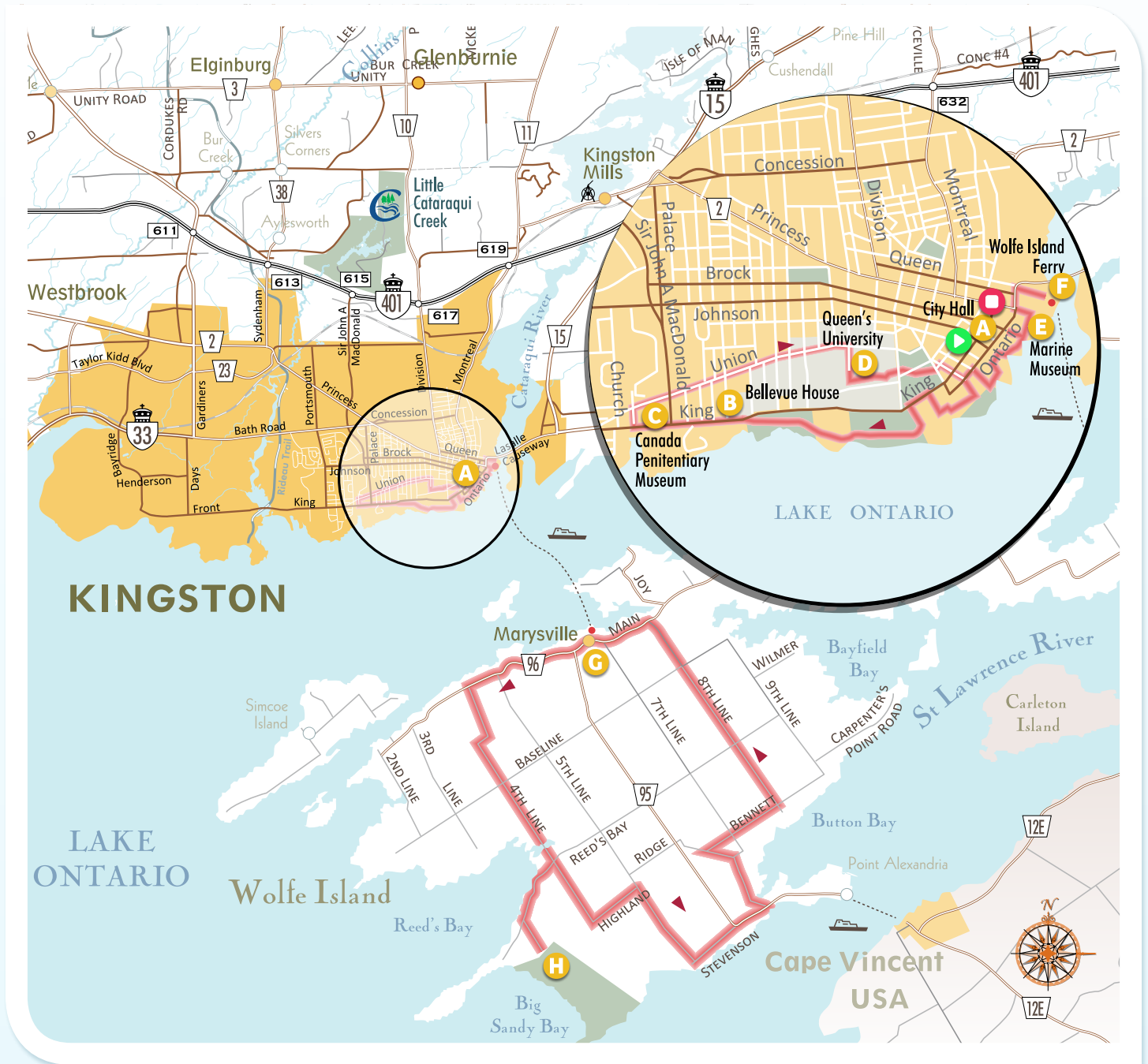
DISTANCE
54KM (34M)

The Great
Waterway

South Eastern Ontario

Kingston & Wolfe Island

CYCLING ITINERARY



Kingston & Wolfe Island

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Cycling route: 54km (34 miles)

Cycling in: The Great Waterway, Kingston

Number of days cycling: 1 or 2

Recommended number of nights stay: 2

Experience rating:
easy to moderate

This ride will take you on a tour of historic downtown Kingston, along the waterfront and to Wolfe Island for an afternoon at the beach. Starting at City Hall in Kingston, follow the scenic route along Kingston's Waterfront Trail, passing some of Kingston's most notable landmarks. Consider stopping at the Marine Museum of the Great Lakes, Bellevue House National Historic Site or Canada's Penitentiary Museum. Cycling past the century old homes and into Queen's University Campus the historic limestone buildings continue. Stop to shop, relax at a café or just to take in the lively atmosphere in and around the city centre.

From the ferry docks, roll on board for a short ride over to Wolfe Island. Stop in Marysville for beach supplies before pushing on along quiet country roads, past the fields of wind turbines and to Big Sandy Bay Beach. Follow the nature trail to the beach, well named for its finest attributes. Cool down in the waters of Lake Ontario before continuing the ride, cycling back to the ferry and returning to Kingston.

This itinerary can be split over two days, taking one day to explore Kingston and the other to go to Wolfe Island. The Kingston route is 10km and the Wolfe Island return route, is 43km, but that includes approximately 11km of relaxing ferry travel going to and from the island.

Kingston & Wolfe Island

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Logistics

Distance

54 km (34 miles)

Roads

- Paved shoulders – some wider than others.
- Some separate bike paths in Kingston.
- Smaller secondary roads quieter. Most, but not all, have paved shoulders. Some very short sections of dirt roads on Wolfe Island.
- Suitable for all types of bicycles.

Cautions and Notes

- In Kingston some shared roads with traffic.
- Wolfe Island vehicle traffic can be heavy during summer weekends and holidays, especially to and from ferry.
- Potential for strong headwinds along the waterfront.

Parking & Transportation

- City of Kingston has many municipal lots offering paid parking.
- Ferry to Wolfe Island has frequent service to summer docks in Marysville, winter service to alternate dock, no fee for cyclists.
- VIA Rail Bike Train service stops at Kingston.

Services

KINGSTON

- Bike stores & rentals: [Ahoy Rentals](#) - rentals; [B.B.'s Cycle](#) - service, sales, rentals; [Cycle Path Kingston](#) - service, sales; [Frontenac Sport & Cycle](#) - service, sales, rentals; [Gears & Grinds](#) - service and sales; [J&J Cycle](#) - service, sales.
- Accommodations
- Restaurants/café's
- Food/groceries/convenience stores
- Gas stations
- Public washrooms
- ATM
- Shopping
- Attractions

WOLFE ISLAND

- Bike rentals: Marysville
- Accommodations
- Restaurants/café's
- Food/groceries/convenience stores
- Public washrooms
- ATM

Kingston & Wolfe Island

CYCLING ITINERARY

Directions



0km

Start at Kingston City Hall



0km

Turn right on Brock Street



Turn right on to the Waterfront Trail and follow the signs



3km

Continue on King Street West, continue to follow Waterfront Trail signs



3.5km

Bellevue House National Historic Site



3.75km

Canada Penitentiary Museum



4.25km

Turn right on Church Street



4.5km

Turn right on Union Street



6km

Queen's University Campus



6.5km

Turn right on University Avenue



6.75km

Turn left on Professors' Walk



7.25km

Continue straight/slightly left on Wellington Street



7.25km

Turn right on Lower Union Street



7.5km

Marine Museum of the Great Lakes



7.5km

Turn left on Ontario Street



7.75km

Turn right on Gore Street



Follow the Waterfront Trail signs, heading east



9km

Turn right half a block after Queen Street to get to the Ferry Ramp



9km

Wolfe Island Ferry



9km

Take the ferry across Lake Ontario

Continued...

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CYCLING ITINERARY

Directions (Continued)

G 14.5km Welcome to Marysville,
Wolfe Island

➡ 14.5km Turn right on
Main Street/
County Road 96

← 17.5km Turn left on
4th Line Road

➡ 23.5km Turn right on
Reeds Bay Road

H 25.5km Continue on Big Sandy Bay
Beach, nature trail to beach

↑ 25.5km Back onto Reeds Bay Road,
options to return to ferry
docks using same route to
return or to continue

➡ 27.5km Turn right on 4th Line Road,
to continue

← 29.25km Turn left on Highland Road

➡ 30.75km Turn right on 5th Line Road

← 32.5km Turn left on Stevenson Line

← 35km Turn left on Button Bay Road

➡ 37km Turn right on Bennett Road

← 39km Turn left on 8th Line Road

← 45km Turn left on County Road
96/Main Street

➡ 47.5km Turn right on Ferry Ramp

 47.5km Take the ferry
across Lake Ontario

↑ 53.75km Continue on
Tragically Hip Way

← 54km Turn left on Ontario Street

A 54km Welcome back
to Kingston, and
Kingston Town Hall



Kingston & Wolfe Island

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Information Links

Waterfront Trail Maps:

www.waterfronttrail.org

Wolfe Island Cycling Routes:

www.wolfeisland.com/downloads/WI-bicycle-map-final2.pdf

The Great Waterway website:

www.thegreatwaterway.com

Land O'Lakes Tourist Association:

www.travellandolakes.com

For information on Kingston:

www.tourism.kingstoncanada.com

www.visitkingston.ca

For more information on Wolfe Island:

www.wolfeisland.com

For Welcome Cyclists certified bicycle friendly accommodations, cafes, restaurants and more:

www.welcomecyclists.ca

For VIA Rail Bike Train service information:

www.biketrain.ca

For Wolfe Island Ferry information:

www.mto.gov.on.ca/english/traveller/ferry/

Kingston By Bike! Bike Tours:

www.complexityawareness.com

For more information on cycling the Frontenac Arch Biosphere:

www.cyclethearch.ca

Disclaimer

This map has been developed to assist in planning bicycle trips throughout The Great Waterway. All routes are on shared roadways and cyclists must use these streets with caution. Always wear the proper safety gear when cycling, ride sensibly and abide by all laws. Each route should be evaluated by each individual cyclist based on their level of experience, comfort level in cycling in traffic, weather conditions, time of day, and any road obstacles. The Great Waterway does not assume any liability whatsoever for bicyclists travelling upon these routes.