

Howe Island CYCLING ITINERARY









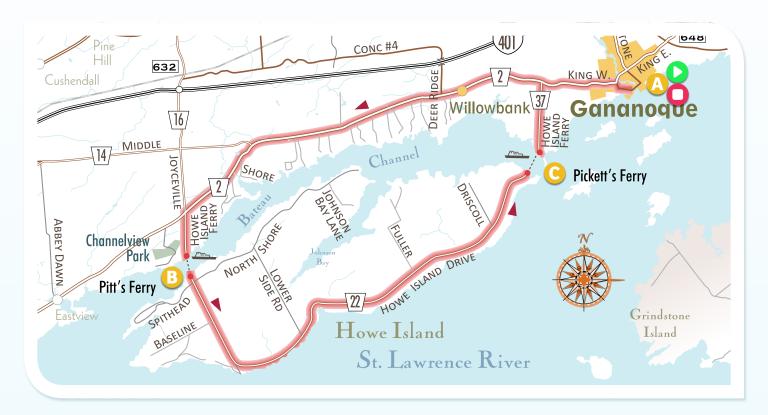


The Great Waterway

South Eastern Ontario

Howe Island

CYCLING ITINERARY





Cycling route: 37km (23 miles)

Cycling in: The Great Waterway, Frontenac

Number of days cycling: 1

Recommended number of nights stay: 1

Experience rating: easy

Experience cycling on one of the larger 1000 Islands as you get away from it all and explore Howe Island. Heading west out of Gananoque, this short 37km circle loop takes you to and from the island using two different ferries. With limited room for vehicles the ferries reduce the number of vehicles on the island, making for an excellent cycling destination. Enjoy scenic farmland and waterviews along the south side of the island before catching the ferry back from the eastern side of the island and continuing back around to Gananoque along the Waterfront Trail.

This half day ride will leave you enough time to explore Gananoque upon your return. Gananoque, known as the gateway to the 1000 Islands, has a range of activities to enjoy.





Howe Island

Logistics

Distance

37km (23 miles)

Roads

- Paved shoulders some wider than others.
- Portions of this route take you along the well signed and cycle friendly Waterfront Trail.
- Quiet country roads on island.
- Flat.
- · Suitable for all types of bicycles.

Cautions and Notes

- Short stretches on Highway 2 can be busy.
- There are no services or shops on Howe Island.

Parking and Transportation

- · Gananoque harbour and marina area parking.
- Two different ferry services to and from Howe Island run frequently, no fee for cyclists.
- VIA Rail Bike Train service stops at Gananoque.

Services

GANANOQUE

- Bike store & rentals: <u>T.I. Cycle</u> sales and service, bike rentals available; <u>Misty Isles Lodge</u> - bike rentals.
- Accommodations
- Restaurants/cafés
- Food/grocery/convenience stores
- Gas stations
- Public washrooms
- ATM
- Shopping
- Attractions





Howe Island

Directions











Information Links

Waterfront Trail Maps:

www.waterfronttrail.org

The Great Waterway website:

www.thegreatwaterway.com

Land O'Lakes Tourist Association:

www.travellandolakes.com

For more information on Gananoque:

www.1000islandsgananoque.com

For Welcome Cyclists certified bicycle friendly accommodations, cafés, restaurants and more:

www.welcomecyclists.ca

For VIA Rail Bike Train service information:

www.biketrain.ca

For ferry information:

www.mto.gov.on.ca/english/traveller/ferry/

For more information on cycling the Frontenac Arch Biosphere:

www.cyclethearch.ca

Disclaimer

This map has been developed to assist in planning bicycle trips throughout The Great Waterway. All routes are on shared roadways and cyclists must use these streets with caution. Always wear the proper safety gear when cycling, ride sensibly and abide by all laws. Each route should be evaluated by each individual cyclist based on their level of experience, comfort level in cycling in traffic, weather conditions, time of day, and any road obstacles. The Great Waterway does not assume any liability whatsoever for bicyclists travelling upon these routes.



